

January Newsletter

Mr Storey's Monthly Round-Up



"Pupils say they love being in school and that other pupils are friendly, kind, understanding and helpful" (Ofsted 2022)



"The school feels busy, vibrant and welcoming and the pupils are polite and respectful of one another" (Ofsted 2017)

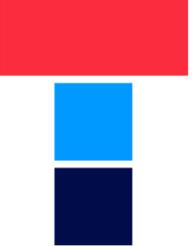
Achieve, Believe, Create, Dream Together, developing a love of learning.

Below are some of the highlights that have occurred in January, upcoming events, updates & reminders:

What have we been up to?

Trips, Events and Clubs

In January, our children have taken part in... Coding Club (Y1-Y4), Lego Robotics Club (Y6), Sewing Club (Y3), Football Club (KS2), BetteronBikes cycle rides (Y4), swimming (Y6), school show rehearsals (KS2), a visit from the Dove Marine Laboratory (5WP), Basketball Competition (Y5), Newcastle Eagles Basketball game (Y5), Laing Art Gallery workshop (KS1), Library visit (Y5), Connect Mental Health assembly (all), Gymnastics Competition (KS2), Dance Club (Y5), Open The book RE assembly (all), Maths Stay & Play (Reception) and much more!



**TEENAGE
CANCER
TRUST**

Teenage Cancer Trust Fundraiser

Saturday 7th February 7:00pm

Three Brass Monkeys, Whitley Road, Whitley Bay, NE26 2TE
£5 entry or suggested donation

Live music

Raffle

Tombola

Updated E-Safety Policies

Families are encouraged to review our updated E-Safety policies, which can be accessed on our website [here](#)

These policies outline how we work together to ensure a safe and responsible online environment for all pupils. We appreciate your continued support in promoting safe and responsible use of technology.



Upcoming in February...

Don't forget
parents'
evening!

Parents Evening

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parents'
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Reception to Year 6

Monday 9th February from 3:30pm
Tuesday 10th February from 3:30pm
Wednesday 11th February from 3:30pm (additional night for 6KR only)

Book appointments [here](#)

Nursery

Monday 9th February between 8:30 and 11:30am & between 3:30 and 6:30pm
Tuesday 10th February between 8:30 and 11:30am & between 3:30 and 6:30pm

Book appointments via emailing Mrs Lisle sophie.lisle@cullercoatsps.org.uk

Parent Support Workshop

"Helping Your Child with their Worries and Fears"

On: Friday 13th February

Time: 9:00 - 10:00am

RSVP via the Schoolgateway



Half Term Holiday 16th - 20th February



Pre-Loved Uniform Sale

On: Tuesday 24th February

After school in the hall

Reminders & Updates!



Uniform

Blue sweatshirt/cardigan
White polo top
Black/grey trousers/skirt
White, grey or black socks/tights
Black shoes/boots/trainers
***NO TIGHT-FITTING SHORT
GYM SHORTS* (e.g. Nike Pro)**

PE

Blue hoodie
White t-shirt
Blue joggers/shorts
White, grey or black socks
Black/white trainers/plimsolls
***NO TIGHT-FITTING SHORT
GYM SHORTS* (e.g. Nike Pro)**



NO SMART WATCHES

We have noticed a significant increase in the number of children bringing smart watches into school.

Students are allowed to wear analogue or digital watches only.

They are not allowed to wear their smart watch on the school grounds at any time, including before and after school.



North
Tyneside
Council



North
Tyneside
Council



FREE
for children and
young people
under 16

Family Splash

Bring your family along to
enjoy a free weekly toys and
floats swimming session!*

- Introduce kids to the water
- Improve their water confidence.
- Encourage being physically active
- Have fun as a family!

Hadrian Leisure Centre
Sunday, 12-1pm

Just turn up, no booking
necessary. Available in term
time only. A valid easecard is
required.

*Pool admission policy applies.

www.activenorthtyneside.org.uk | 0191 643 7171

Active North Tyneside @active_NT



FREE
for children
aged 1-7

Stay and Play

Children can have fun
in the soft play and
take part in arts and
crafts, while parents
and carers get healthy
eating and physical
activity tips from our
staff.

The Parks Sports Centre
Tuesday
3.45-4.30pm

Children must be accompanied by an
adult. Available in term time only.
A valid easecard is required. Children
and young people must behave in
accordance with our Customer Charter.

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Active North Tyneside @active_NT



No Limits

FREE
FOR KIDS AGED
8-13
YEARS

**Monday at
The Lakeside Centre**
4-5.30PM

**Tuesday at
The Parks Sports Centre**
4.30-6PM

**Wednesday at
Hadrian Leisure Centre**
5.15-6.30PM



Activities include:

- Badminton
- Basketball
- Table tennis
- Trampoline*
- Dodgeball
- Football



REGISTER
HERE!

No Limits activities are available in term time only. A valid easecard is required. Children and young people must behave in accordance with our Customer Charter. *Available at the Tuesday and Wednesday sessions only.

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Active North Tyneside @active_NT



No Limits

FREE
FOR KIDS
ALL AGES

POOL SESSIONS

**Thursday at
Waves**
6.20-7.20PM

**Friday at
Tynemouth Pool**
4-5PM

**Saturday at
The Lakeside Centre**
11AM-12PM

**Saturday at
Hadrian Leisure Centre**
2-3PM



No Limits pool sessions are available in term time only. A valid easecard is required. Children and young people must behave in accordance with our Customer Charter. Pool admission policy applies.



Do you want to improve your child's health?

Physical activity

Lifestyle topics

Healthy snack

A free 10 week programme to support you and your family to make healthy lifestyle changes.

There are family programmes for two different age groups; ages 4-7 years old and ages 8-14 years old.

Register:



North Tyneside Council



CHAT@northtyneside.gov.uk

Click on the poster for more information

The programmes are between January and March

Tuesday at The Parks Sport Centre, North Shields, 4:15-5:45pm (ages 4-8)

Thursday at The Parks Sport Centre, North Shields, 4:15-6:00pm (ages 8+)



Healthy 4 Life

Sessions take place once a week, after school

- Simple **food swaps** to reduce **fat** and **sugar** intake
- The right size **portions** for children and adults
- How to understand **food labels** and afford healthy options
- **Opportunities to add** run and play into your daily routine
- How to grow foods and **make healthy meals**
- Learn about key factors to **improve your wellbeing**

Eligibility criteria applies, please ask for more details.

Register:



North Tyneside Council



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