


Year 1 Autumn Overview

	Autumn 1	Autumn 2
English	<p style="text-align: center;">Repetitive Phrases - 'Brown Bear, Brown Bear'</p> <p>In our "Brown Bear, Brown Bear" writing topic, we explore the story by learning each part, sequencing the events, and matching colours with animals. As children get familiar with the pattern, they create their own versions using different colours and characters. We use lots of talk and oracy activities to build confidence in storytelling and sharing ideas. The topic also helps children practise sitting properly at the table, holding their pencils correctly, and writing on lines, with a focus on forming each letter accurately.</p> <p style="text-align: center;">Labels and Captions - 'Dogger'</p> <p>In our non-fiction writing unit using the story "Dogger" we explore the story and then write a 'lost poster' for our own class bear, learning to express feelings and describe important details using adjectives. We practise sharing ideas through talk and oracy activities, which help build confidence. We also learn about captions and labels, using our phonics knowledge to create a toy shop display with labels for each item. Throughout the topic, we focus on sitting properly, holding our pencils the right way, writing on lines, and forming letters correctly.</p>	<p style="text-align: center;">Free Verse Poetry - 'Autumn'</p> <p>In this unit we will learn to recite an Autumn poem using actions and a story map to help us remember each line. We then innovate the poem to create our own versions, adding adjectives to describe autumn things like leaves, wind, and trees. We practise building sentences with capital letters, finger spaces, and full stops, saying each sentence out loud before writing it down. Using our phonics knowledge, we sound out words as we write, making sure each sentence is clear and descriptive.</p> <p style="text-align: center;">A Losing Tale - 'The Leaf Thief'</p> <p>In our Year 1 Narrative writing unit using <i>The Leaf Thief</i>, we dive into the story by reading and sequencing its events. We "box up" the text to understand the structure of a narrative, exploring how the story is put together. Then, we get creative by using our own ideas to innovate and make our own versions of the story, adding descriptive adjectives to create unique characters. We create a plan to organise our ideas, which helps us write our own "Losing Tale." We focus on writing clear sentences, making sure to use capital letters, finger spaces, and full stops to keep our writing coherent and easy to follow.</p> <p style="text-align: center;">Shape Poems and Calligrams</p> <p>Our winter poetry unit focuses on shape poems and calligrams, exploring the theme of winter. We will discover how words can take on creative forms, mirroring the shapes of winter elements like snowflakes, mittens, or icicles. Through this unit, we'll learn to use descriptive language and imagery to capture the sights, sounds, and feelings of the season.</p>
Maths	<p style="text-align: center;">Number - Place Value to 10</p> <p>In Year 1, our maths unit on place value to 10 lays the foundation for understanding numbers. We will explore the value of digits within numbers, learning to count, compare, and order numbers from 0 to 10. Through hands-on activities like using counters, number lines, and ten frames, they'll develop a solid grasp of concepts such as "more than," "less than," and "equal to." This unit is essential in building their confidence with numbers and prepares them for future work with larger values.</p> <p style="text-align: center;">Number - Addition and Subtraction to 10</p> <p>In Year 1, our maths unit on addition and subtraction to 10 helps us develop confidence with early arithmetic. Through practical activities, number stories, and the use of manipulatives like counters and number lines and ten frames, we will learn to add and subtract within 10. We'll explore key strategies such as counting on, finding the difference, and using number bonds. This unit has a particular focus in number bonds to 10.</p>	<p style="text-align: center;">Geometry - Shape</p> <p>In Year 1, our geometry unit focuses on exploring 2D and 3D shapes. We will learn to name, identify, and describe the properties of common 2D shapes, such as circles, squares, and triangles, as well as 3D shapes like cubes, spheres, and cylinders. Through hands-on activities and play, we will investigate how these shapes are used in the world around us and begin to understand concepts like sides, corners, and edges. This unit encourages curiosity and spatial awareness, building a foundation for further geometric understanding.</p>

Year 1 Autumn Overview

<p>Science</p>	<p>Animals including Humans In this unit children learn about human and animal bodies and consider similarities and differences between them. Children engage in a variety of activities including drawing and labelling the body, using their senses to conduct an investigation, describing animal bodies and sorting animals into groups.</p> <p>Scientist Study- David Attenborough In our learning about the scientist David Attenborough, we explore his life and incredible work documenting the natural world. We learn about his passion for wildlife and conservation, as well as his dedication to educating people about the importance of protecting our planet.</p>	<p>Seasonal Changes - Autumn into Winter This 'Seasonal Changes (Autumn and Winter)' unit will teach the class about the four seasons, with a particular focus on autumn and winter. Children will learn what the word weather means and find out how different types of weather can be measured. Children will use a class weather station to observe, measure and record the weather across the seasons. They will also observe changes across the seasons by exploring the signs of autumn and winter through nature and wildlife. A range of learning activities are used in this unit including observation, discussion and learning outside. Children also work scientifically by collecting, recording and interpreting simple data.</p>
<p>Art</p>	<p>Drawing Skills Focus This term in Art, our focus is <i>Drawing!</i> We'll be exploring the work of two inspiring artists, Pablo Picasso and Henry Moore, to learn about their unique styles and techniques. As we study <i>portraiture</i>, we'll practise drawing faces from both observation and memory, thinking carefully about the details that make each person unique. We'll also experiment with different drawing materials such as pencil, graphite, chalk, and charcoal, to discover how they can create different effects. In addition, we'll develop our observational drawing skills by sketching natural and found objects with increasing care and attention to detail.</p> <p>Christmas art and craft - calendars and cards</p>	
<p>Computing</p>	<p>Keeping Safe and Exploring Technology This half term in Computing, our unit is <i>Keeping Safe and Exploring Technology</i>. The children will learn how to stay safe online and understand what healthy technology use looks like. We'll talk about the importance of taking regular breaks from screens and explore what the internet is and how it can be a helpful tool when used responsibly. The children will also learn how to stay safe when using devices and going online, helping them to develop good habits and confidence with technology.</p>	<p>Digital Sounds This half term in Computing, our unit is <i>Digital Sounds!</i> The children will be introduced to the exciting world of digital sound, where they'll have the chance to explore creating simple beats and rhythms. We'll experiment with changing tempo and even try our hand at composing our own digital music using a variety of fun and easy-to-use tools. It's a fantastic opportunity for the children to be creative and discover how technology can bring their musical ideas to life!</p>
<p>Design and Technology</p>	<p>Dips and Dippers This term in Design and Technology, our unit is <i>Food - Dips and Dippers</i>. The children will learn about what dips and dippers are, exploring a variety of delicious examples. They'll have the chance to taste and evaluate different types, thinking about flavours, textures, and how they're made. Building on what they've learned, the children will then design and make their own dips and dippers using fresh fruits and vegetables. They'll practise using simple utensils and equipment safely and with care. Finally, they'll evaluate their creations, thinking about what they enjoyed and what they might improve next time. A fun and hands-on way to develop food preparation skills!</p>	
<p>French</p>	<p>Language Angels - Les salutations (Greetings) In this unit, pupils will be introduced to basic French greetings such as "Bonjour", "Salut", and "Au revoir". They will learn how to ask and answer simple questions like "Comment ça va ?" and "Comment tu t'appelles ?". Through interactive activities, songs, and role-plays, students will build confidence in using spoken French. By the end of the unit, they will be able to take part in a short oral conversation, using appropriate greetings and responses in a familiar context.</p>	<p>Language Angels - Les couleurs et les nombres (Colours & Numbers) In this unit, pupils will learn to count from 1 to 10 and identify 10 common colours in French. Through engaging activities, they will develop basic vocabulary for numbers and colours, enhancing their listening, speaking, and recognition skills. This foundation supports further language learning and encourages confidence in using simple French in everyday contexts.</p>

Year 1 Autumn Overview

<p>Geography</p>	<p style="text-align: center;">Compare and Contrast the UK to the Polar Regions</p> <p>In Year 1, we will be comparing and contrasting the UK with the Polar Regions as part of our geography topic. The children will learn about the Arctic and Antarctic, exploring their unique climates, animals, and landscapes. We will look at how the Polar Regions are cold, icy, and have long periods of daylight or darkness, while the UK experiences a milder climate. The children will compare the types of animals that live in these regions, such as polar bears and penguins, and explore the difference between the human life and habitats found in the UK compared to the Polar Regions. Through hands-on activities, such as creating ice experiments and making polar animal models, the children will develop a deeper understanding of how these two very different parts of the world are both similar and unique.</p>	
<p>History</p>	<p style="text-align: center;">Everyday Life in the Past - Home, Toys and School</p> <p>In Year 1, our history topic focuses on "Everyday Life in the Past," with a special emphasis on toys and school life. The children will compare toys from the past with those of today, starting by discussing their favourite toys and exploring what was popular when their parents and grandparents were children. Similarly, they will learn about school life in the past, comparing schools from the 20th century to their own school experiences. Through a range of engaging activities, such as drawing, role play, discussions, games, and writing tasks, the children will develop important historical skills like asking and answering questions, interpreting old photographs and objects, and recognising changes over time. This topic will help them understand the differences between past and present toys and school life, giving them a greater appreciation for their own lives today.</p>	
<p>Music</p>	<p style="text-align: center;">Charanga - 'Hey You!'</p> <p>This term in Music, our unit is <i>Hey You!</i>—a fantastic song written in an Old-School Hip Hop style. Through this unit, the children will learn to understand the differences between pulse, rhythm, and pitch while exploring how to rap and enjoy Hip Hop in its original form. Alongside singing, they'll have the chance to play instruments, improvise, and even compose their own ideas inspired by the song. We'll also listen to and appraise other Old-School Hip Hop tunes, helping the children to develop their musical skills and appreciation for this exciting genre.</p>	<p style="text-align: center;">Charanga - 'Rhythm in the Way We Walk'</p> <p>This term in Music, our unit is <i>Rhythm in the Way We Walk</i>. We'll focus on two fun and energetic songs: <i>Rhythm in the Way We Walk</i> in a Reggae style and <i>Banana Rap</i> in a Hip Hop style. The children will enjoy listening to and appraising a variety of musical styles while continuing to build their understanding of the interrelated dimensions of music through games and singing. It's a great way to develop rhythm, pulse, and pitch while having lots of musical fun!</p> <p style="text-align: center;">KS1 Christmas Nativity</p>
<p>PE</p>	<p style="text-align: center;">Gymnastics - NT 1-6</p> <p>In our Year 1 Gymnastics PE unit, children will learn and practise a variety of basic travelling actions, such as skipping, crawling, and jumping, while focusing on moving and stopping with control. They will also have the opportunity to travel using small apparatus, such as mats, steps, and benches, to enhance their coordination and balance. Through fun and engaging activities, students will develop their spatial awareness, control of movement, and confidence in performing gymnastic skills.</p> <p style="text-align: center;">Outdoor Games - Attack, Defend and Shoot (PE Hub)</p> <p>In our Year 1 PE unit, <i>Attack, Defend and Shoot</i>, children will have the opportunity to practise fundamental movement skills, such as running, jumping, and balancing. They will also begin to engage in simple competitive activities, learning how to hit and defend a target. Throughout the unit, students will develop their attacking and defending skills through fun games and challenges, helping them understand teamwork, coordination, and how to use these skills effectively in a game setting. This unit encourages active participation, improving both physical fitness and cooperative play.</p>	<p style="text-align: center;">Dance 1 (PE Hub)</p> <p>In our Year 1 PE Dance unit, children will explore how performers can transition smoothly between different shapes and balances. They will be encouraged to move imaginatively, responding to music and expressing themselves through movement. Throughout the unit, students will work together as part of a team to create and perform simple dance routines, developing their creativity, coordination, and teamwork skills. This unit aims to build confidence in performing while helping children understand how to use their bodies to interpret music and convey emotions through movement.</p> <p style="text-align: center;">Outdoor Games - Hit, Catch and Run (PE Hub)</p> <p>In our Year 1 PE unit, <i>Hit, Catch and Run</i>, children will learn and practise essential skills such as hitting a ball with both their hands and a bat, rolling and retrieving a ball, and catching a variety of balls and objects accurately. Through a series of fun and engaging activities, students will build their hand-eye coordination, agility, and teamwork. This unit provides opportunities for children to develop their confidence in basic ball skills while encouraging physical activity and enjoyment in a supportive and active environment.</p>

Year 1 Autumn Overview

PSHE	<p style="text-align: center;">It's My Body</p> <p>The It's My Body unit explores choices that children can make about looking after their bodies. The lessons look at key areas where children can make safer choices: their body, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas and learn strategies to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.</p>	<p style="text-align: center;">Be Yourself</p> <p>This unit is inspired by the idea that having confidence to 'be yourself' can have a positive impact on mental health and emotional wellbeing. It aims to enable children to recognise their positive qualities and appreciate their individuality. In this unit, children are encouraged to recognise different emotions and explore different strategies to help them manage any uncomfortable feelings they experience. They will learn about how big life changes impact on feelings and emotions and explore the importance of sharing their thoughts and feelings.</p>
RE	<p style="text-align: center;">What Can We Learn about Christianity from Visiting a church?</p> <p>In our Year 1 RE unit, <i>What can we learn about Christianity from visiting a church?</i>, children will explore the key features of a church and what they can learn about the Christian faith through its practices and symbols. They will discuss the different parts of a church, such as the altar, pulpit, and stained-glass windows, and consider the significance of these elements in Christian worship. Through a visit to a local church, children will have the opportunity to observe and ask questions, helping them to better understand the role of a church in the community and how it supports the beliefs and traditions of Christians.</p> <p style="text-align: center;">What do Christians Believe about God?</p> <p>In our Year 1 RE unit, <i>What do Christians believe about God?</i>, children will explore the Christian understanding of God as loving, caring, and all-powerful. They will learn about the concept of the Holy Trinity—God as the Father, the Son (Jesus), and the Holy Spirit—and how Christians believe God is present in their lives. Through stories, discussions, and simple activities, children will begin to understand how Christians show their love for God and how this belief influences their actions and way of life.</p>	<p style="text-align: center;">Why are Gifts Given at Christmas?</p> <p>In our Year 1 RE unit, <i>Why are gifts given at Christmas?</i>, children will explore the tradition of giving gifts at Christmas and its connection to the Christian story of the birth of Jesus. They will learn about the three wise men who brought gifts to Jesus and discuss the meaning behind giving presents, such as showing love, kindness, and generosity. Through stories, discussions, and hands-on activities, children will reflect on the joy of giving and how gifts can be a way to celebrate special occasions and share with others.</p>